

THE SPA & WELLNESS AUTHORITY

american spa

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MAYAN *magic*

NAUM SPA AT ANDAZ
MAYAKOBA RESORT (MEXICO)

www.americanspa.com

purifying performance

From trendy to tried-and-true, these detoxifying ingredients clear complexions and promote the skin's natural radiance.



CHARCOAL

The activated form of this substance extracts toxins and impurities from the deeper layers of the skin, which are difficult to penetrate. It also rids pores of chemicals and odors and exfoliates skin cells.



SEAWEED

Marine algae draws impurities to the surface and loosens dead skin. Because it's packed with antioxidants, essential fatty acids, and vitamins, it also builds elasticity of the skin by strengthening cell membranes.



CLAY

Rich in boron and fluoride, bentonite clay has the ability to bind to and extract toxins and plays a supporting role in the combat of blemishes. Kaolin clay absorbs excess sebum and purges pollutants that compound on the skin's surface.



SPICES

These aromatic substances, such as cinnamon and paprika, activate the circulatory system, triggering the delivery of oxygen and nutrients while simultaneously flushing out dirt and debris.

PROBIOTICS

Topical probiotics maximize the benefits of "good" bacteria to keep the skin's natural defenses strong. In so doing, they maintain a healthy balance in the skin's microbiome. Probiotics also act as catalysts for purifying ingredients (such as those mentioned above). When used together, the results are optimal hydration, reduced inflammation and redness, and a decrease in the frequency of breakouts caused by acne. ●



AT YOUR service

At **By the Sea Day Spa** (Branford, CT), spa-goers can indulge in the **By The Sea Signature Organic Facial with Blueberry Detox Firming Peel** (\$100, 60 minutes). The treatment features an exfoliation, a circulation-boosting massage, and an application of the peel, which contains a powerful medley of paprika and berries from **Eminence Organic Skin Care** (www.eminenceorganics.com).

The Facial Lounge (Newport Beach, CA) offers the **CelleClé Facial Treatment** (\$120, 50 minutes) that uses a customizable range of **CelleClé** products (www.cellecleskincare.com), such as **Phyto-Silt Extreme**, whose key ingredients—activated charcoal, phytic acid, and a mineral-rich mud—cleanse and refine pores.

The Tiny Spa & Styled (Winston Salem, NC) will be among the first to debut **Comfort Zone's** (www.comfortzone-us.com) **Urban Longevity Facial** (price not yet set; 60 minutes). The treatment features an anti-pollution face wash and microalgae essence plus personalized boosters such as vitamin C. It also uses massage techniques inspired by qi gong and physiotherapy, accompanied by a specially created macro-wave sound composition. ●

PROCESS OF *elimination*

When it comes to ways to help clients detoxify their skin and body, the answer is clear with these purifying products. BY NICOLE ALTAVILLA

1. Hungarian Paprika Gel Treatment
ILIKE ORGANIC SKIN CARE
www.ilikeorganics.com
2. Phyto-Silt Extreme
CELLECLÉ SKINCARE
www.cellecleskincare.com
3. Pearlesque Hydrating Moisturiser
VOYA
www.voya.ie
4. Self Heating Mud Pack
PHYTOMER
www.phytomerusa.com
5. Smooth & Tone Body-Svelt Cream
PEVONIA
www.pevoniapro.com
6. Crème Dermopurifiante
BIOLOGIQUE RECHERCHE
www.biologique-recherche.com
7. Fusion Matchafina Cleansing Mask
REPÊCHAGE
www.repechage.com
8. Pedi Spa Detox Black Charcoal Foot Soak
GENA
www.genaspaproducts.com
9. Lotus Detoxifying Overnight Treatment
EMINENCE ORGANIC SKIN CARE
www.eminenceorganics.com
10. Charcoal Serum Sheet Mask
SATIN SMOOTH
www.satinsmooth.com

